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HEIDI'S HAPPENINGS: OLYMPIC PUDDING PAINTING?

September 24, 2012 by cpehrson

Heidi Hill is a guest blogger for the CPD's Developmental Skills Laboratory (DSL), a day program for adults with disabilities. Heidi loves to type and each month she'll be sharing the fun activities that she and her "buds" are doing at DSL.



Heidi and her pudding painting.

August was filled with many fun activities. We decided to have our own Olympics because of the real-live Olympics that were going on all over the World. I participated in the Olympics upstairs and outdoors.

One day we did pudding painting and we enjoyed it. I ate my pudding after I did the activity and it was delicious! My mouth was sticky afterwards.

We were able to watch several movies this month, including: Beethoven, Scooby Doo, Journey 2, Kung Fu Panda 2, Cinderella 3, Flicka, and Willy Wonka. I love being able to see new movies.

One day for food fun, we made Mexican corn on the cob. It was made with mayo, cheese and a few other ingredients. It was something new, and it was pretty good!



All ready to start finger painting with pudding!

Another day this month my school buds and I went bowling. I even got two strikes! I was so excited. We also went on a field trip to Cox Honey Land this month. On our trip there we were able to watch an educational film about how honey is made. We were even able to eat some honey!

Along with all of the new adventures we experienced, we continued to participate in music therapy and story time once a week.

August has been such a fun month filled with new experiences, and I can't wait for next month!